

ADVANCED BREASTFEEDING CARE AND CLINICAL CONCEPTS IN LACTATION THERAPY



About Lisa:

Lisa Lahey FNP-C, IBCLC, CIMI, CSOM presenting Oral Myo Exercises, Massage, Movements, and Play that help facilitate better oral function and feeding. IBCLCs will learn assessment and treatment protocols for tethered oral tissues, evaluation of oral motor skills, and breast conditions frequently encountered by the dyad in complex feeding. The principles of Lisa's lactation therapy will be discussed. IBCLC will learn specific ways to teach parents how to interact and connect with their child through therapeutic activities. Lecture and hands-on learning format which help IBCLCs to walk away with skills that change your current practice.

Objectives:

- List and describe the oral motor skills, infant reflexes, and newborn assessment for babies with suck swallow breathe sequence.
- Describe improving mobility in babies; muscle and movement.
- Describe the oral motor skills require for babies to feed optimally
- Discuss assessment and treatment of tethered oral tissues.
- Describe Oral exercises used in babies and young children.
- Describe key behaviors and strategies to promote optimal oral health and development.
- Share and show specific oral exercises, complementary feeding tools, massage, and movement strategies to build better feeding and oral skills.

AGENDA

7 L-CERPS OFFERED. DETAILED IBCLC CONTENT
OUTLINE FOR EACH LECTURE OFFERED WITH LECTURE.

8:30 - 8:45 AM

Registration & Introductions

8:45 - 9:45 AM

Breast and Nipple Maladies: Review of Symptoms and Clinical Strategies

(Maternal anatomical physiology challenges and nipple structure and variations)

9:45 - 11:15 AM

Foundations of Oral Assessment

(Infant anatomy and anatomical/oral challenges)

11:15 AM - 11:30 AM

Break

11:30 AM - 12:30 PM

The BOSS in Breastfeeding: Baby's Oral Motor Skills and Strategies

(Infant feeding behaviors at different ages)

12:30 - 1:30 PM

Lunch

1:30 - 3:00 PM

Hands on Healing: Oral motor, movement, massage

(Infant: newborn feeding behaviors, oral challenges, skin tone, muscle tone, reflexes)

3:00 - 3:15 PM

Break

3:15 - 5:15 PM

Applying Therapeutic Techniques to Clinical Situations

(Infant: newborn feeding behaviors, oral challenges, skin tone, muscle tone, reflexes)

5:15 - 5:30 PM

Evaluation and Discussion